



# CATALOG OF PRODUCTS



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## AltoStim tablets

AltoStim tablets are containing pure natural bovine colostrum, which is fortified with amino acid L-lysine, nucleotides and vitamin C.

Colostrum, or foremilk, is the mother's first milk created in the mammary gland of mammals only a couple of hours after birth and it is a rich

source of protective substances for the newborn individual. The most important elements of colostrum are immunoglobulins, which have the function of antibodies. Colostrum also contains a wide spectrum of minerals and amino acids.

The supplement is fortified with amino acid L-lysine, which the human body cannot synthesize itself and therefore it has to be received in food.

Nucleotides have a positive effect on the natural immune system of the body.

Vitamin C has many functions in the human body. As a strong anti-oxidizing agent it participates in neutralization of harmful effects of free radicals in cells, tissues and organs, created as an undesirable metabolism product. The lack of vitamin C is demonstrated by a reduced firmness of the cell wall, in particular capillaries, and increased bleeding time, and also typically reduced firmness of the ligament apparatus. Vitamin C also has positive effect on the immune system of the body.

AltoStim tablets:

- Have positive effect on the immune system
- Are suitable in cold and flu season

Composition: 1 tablet contains 250 mg of bovine colostrum, 100 mg of L-lysine hydrochloride, 50 mg (62 % RDI) of ascorbic acid and 17 mg of nucleotides mixture.

## AltoTuss Adult syrup

AltoTuss Adult syrup is containing blend of traditional herbal medicinal extracts, which help to boost immunity, relieve cough and strengthen the body in case of getting cold.

The syrups is produced with pomegranate juice and is free of artificial colourants, flavours and preservatives. The syrup is without added sugar, containing just inverted syrup.

Composition: in 5 ml 4 herbal extracts of Folium Plantaginis (Ribwort plantain) 42,80 mg, Flos Primulae (Primula flower) 20,55 mg, Flos Sambuci (Elder Flower) 20,55 mg and Radix liquiritiae (Licorice Root) 20,55 mg, pomegranate juice, purified water, inverted syrup.

More information about the syrup at [www.altover.eu/altotuss](http://www.altover.eu/altotuss)



## AltoImun Hippophae syrup

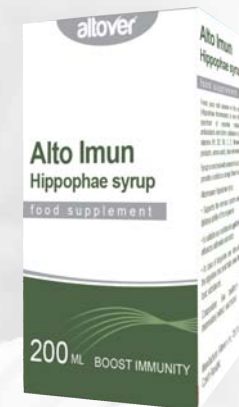
Fresh juice with marrow of the sea buckthorn (Hippophae rhamnoides) is very rich in a wide spectrum of essential natural vitamins, antioxidants and other substances (provitamin A, vitamins B1, B2, B6, C, E, flavonoids, tanning products, amino acids, trace elements).

Syrup is enriched with extract of sweet orange that provides a delicious orange flavor to the syrup.

AltoImun Hippophae syrup

- Supports the immune system and the overall defense ability of the organism.
- Is suitable as a nutritional supplement in times of influenza outbreaks and colds.
- In case of long-term use, stimulates activity of the digestive tract and helps clear the organism of toxic substances.

Composition: Sea buckthorn (Hippophae rhamnoides) extract, saccharose.







## AltoImun Hippophae capsules

AltoImun Hippophae capsules are containing sea buckthorn oil with Vitamin D and E.

They are intended to promote natural immunity and strengthen the cardiovascular and digestive system.

Sea buckthorn is also rich in carotenoids, phytosterols and essential fatty acids - omega-3, 6, 9, and especially the rare omega-7 unsaturated fatty acid.

Composition: 1 capsule contains 300 mg of Oleum Hippophae rhamnoides, 100 IU of Vitamin D (50% EU RDA), 3 mg of Vitamin E (25% EU RDA), 5,39 mg of soy lecithin, gelatine, glycerol and purified water.



## AltoCold syrup

AltoCold syrup results from a proven and well-established natural formula: it contains extract from plantain leaf enriched with vitamin C.

AltoCold syrup

- Strengthens the organism against coughs and colds and helps its regeneration.
- Has beneficial effects on the mucosa of the upper respiratory tract, prevents it and decreases irritability.
- Facilitates coughing and clearing of the respiratory tract. It forms a protective layer on the irritated mucosa.

Composition: Extract from plantain leaf, vitamin C (300 mg/100 g of syrup), saccharose, methylparabene.

## Antiseptic drops

Antiseptic drops belong to Pharmacotherapeutic group: Phytopharmaceuticals - expectorants, secretolytics, antiseptics. ATC Code: V11.

Therapeutic indications: Traditional herbal medicinal product used as an adjunct to acute and chronic respiratory diseases including rhinitis and sinusitis.

The product can be used for children from 4 years of age, adolescents and adults.

Use of this traditional herbal product is based exclusively on the experience of long-term use.

Posology and method of administration:

Adolescents from 12 years and adults: 3 x 50 drops per day

Children from 7 to 12 years: 3 x 25 drops per day

Children from 4 to 7 years: 3 x 10-15 drops per day

Adults can use the product undiluted, children are served with a spoonful of tea. It is recommended to administer the product a few days after disappearance of symptoms.

Composition: 100 g contains 97,80g of herbal extract consisting of Gentianae radix root 0,20 g, Primulae flos flower 1,50 g, Plantaginis folium leaf 1,50 g, Thymi herba stick 1,50 g, Liquiritiae radix root 1,50 g, Sambuci flos flower 1,50 g, Foeniculi amari fructus etheroleum 0,05 g, Anisi stellati etheroleum 0,05 g.

Excipients: glycerol 85%, monohydrate of sodium saccharin, ethanol 23% m / m (part of the extract). 50 drops are equivalent to 10.5 ml beer (5%), 4.4 ml of wine (12%).

1 ml = 23 drops

Read insert flyer carefully before use.







## Lactulosi syrup

Lactulosi syrup belong to Pharmacotherapeutic group: Osmotically acting laxatives. ATC Code: A06AD11

Therapeutic indications: Chronic constipation, particularly habitual. Conditions to facilitate defecation. Treatment of portosystemic encephalopathy in advanced liver cirrhosis with portal hypertension and collateral circulation and in patients after portocaval anastomosis, with failure of liver detoxification of nitrogen metabolites coming through portal circulation from the intestines.

Lactulose is particularly suitable for long-term preventive administration in these states.

Posology and method of administration:

The dosage is adjusted according to the individual patient's response, it usually starts with the higher dose, which decreases after three days.

Adults: Initially 15-45 ml (1-3 tbs) daily, long 10-25 ml (2-5 teaspoons) daily.

Children from 7 to 15 years, initially 15 ml (1 tablespoon), then 5-10 ml (1-2 teaspoons) per day,

Children from 1 to 6 years, 5-10 ml (1-2 teaspoons) per day,

Children up to 1 year 2.5-5 ml (1/2-1 teaspoon) a day.

In case of insufficient effect the dose may be increased. After reaching the therapeutic effect, an adequately reduced maintenance dose is served. It is usually used once a day dose after breakfast.

Patients with portosystemic encephalopathy:

Dosage is individual. Usually serves adults 30-90 ml (2-6 tablespoons) daily, divided in 3 doses after main meals, it is advisable to start treatment with lower doses and gradually increased to the optimum dose at which there is a day to 2-3 stolicim soft. stool pH should be 5.0 to 5.5. In case of diarrhea, the dosage is appropriately reduced.

In children, the dosage is decreased by half.

The syrup can be administered with water, tea or fruit juice.

Composition: Lactulose solutio 50% (Lactulosum 66.7 g in 100 ml of syrup).

Read insert flyer carefully before use.

## Moxastini tablets

Pharmacotherapeutic group: Anti-emetic, antivertigo agent. ATC Code: A04AD

Therapeutic indications: Prophylaxis and therapy of kinetosis (nausea from travelling in a car, airplane, train or ship). Treatment for vertigo, nausea and vomiting in case of vestibular disorders. The effect against vertigo is used for the treatment of Ménière's disease.

Posology and method of administration: Dosage and duration of treatment is individual and depends on the indications, clinical picture and sensitivity of the patient.

Read insert flyer carefully before use.



## AltoSleep tablets

AltoSleep tablets are containing pure natural extracts to support healthy sleep.

Valerian improves sleep quality without producing side effects. herbal medicine Passiflora extract is used to treat nervous anxiety and insomnia and to improve the quality of sleep. Hops extract is used traditionally as a sedative, for relaxation and reduction of anxiety.

Composition: Valeriana officinalis 60 mg (0,8% of valeric acids), Passiflora incarnata 40 mg, Humulus lupulus 40 mg, soy lecithin 5 mg, bee wax, coconut oil, palm oil, soy oil, gelatine, glycerol, sorbitol, purified water, colourant E171 and E172.





## AltoFem capsules

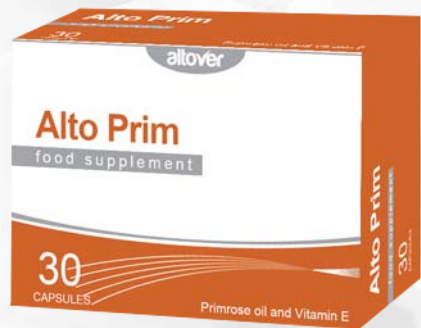
AltoFem capsules is a non-hormonal dietary supplement that was developed for women of all age categories.

The product contains a mixture of highly concentrated extract from red clover with four types of isoflavones (phytoestrogens), soya isoflavones, Vitamin D and Omega 3.

AltoFem capsules

- Help improve discomfort related to menopause and improve general feminine health and well being.
- Are also suitable for women to enhance the regular menstrual cycle.
- Are important for proper bone mineralization thanks to vitamin D, which affects calcium and phosphorus metabolism.

Composition: 1 capsule contains fish oil Omega-3 18/12 (EPA/DHA) 300mg, isoflavones extract from red clover 30mg, isoflavones extract from soy 10mg, Vitamin D (colecalfiferol) 2mcg.



## AltoPrim capsules

AltoPrim capsules contribute to a balanced skin hydration. It ensures supply of polyunsaturated fatty acids; thus, it contributes to the maintenance of hormonal balance, smooth course of the menstrual cycle and reduction of the breast tenderness.

Vitamin E has antioxidant properties.

AltoPrim capsules

- Contribute to balancing skin hydration and, thus, maintaining its elasticity.
- Moderate menstrual problems and headaches.
- Are beneficial to the cardiovascular system as well as maintaining normal levels of cholesterol.

Composition: 1 capsule contains 495 mg of primrose oil (Oleum oenotherae) and 5 mg of D,L-alpha- tocopherolacetate.

## AltoFit capsules

AltoFit capsules is a combination of four active ingredients to improve exercise performance and to stay in shape.

CLA is connected with reduction in total body fat and an increase in lean body mass like green tea, which is also a strong antioxidant. Carnitine and Q10 are promoting cardiovascular fitness and promote effective use of energy.



Composition: CLA- Conjugated Linoleic Acid 80% 800mg, Green tea extract (95%polyphenols) 50 mg, Coenzyme Q10 10 mg, L-carnitine tartrate 74 mg, palm oil, soy lecithin, gelatine, glycerol, purified water, colourant E 172.

## AltoFem herb elixir

AltoFem Herb elixir is supportive herbal supplement in case of women's difficulty.

AltoFem Herb elixir

- Is beneficial during menstruation.
- Has positive psychological effect and relieves menopausal and premenstrual tension.
- Specifically enhances a woman's body.
- Relieves cramps of the digestive tract.
- Has a diuretic effect.



Composition: yarrow, lady's mantle, jade, marigold and sage extract, cont. 20% of alcohol.



## Globulus balls

Rx medicine.

Pharmacotherapeutic group: Gynecological antiinfectives and antiseptics. ATC Code: G01AX

Therapeutic indications: Treatment of Fluor vaginalis which is usually caused by yeasts of the genus Candida albicans.

Composition and pharmaceutical form: One vaginal ball contains Disodium Tetraborate 0.600 g.

Posology and method of administration: The vaginal ball is introduced deep into the vagina, one daily, preferably in the supine position, usually at night for 6-10 days. During reinfection or mass infection, the dose may be increased to two vaginal balls daily for up to 10 days.



## AltoMimi tablets

AltoMimi tablets for pregnant and nursing women.

Daily dose consists of two tablets for day and night with different composition to suit a different woman's metabolism during the day. AltoMimi tablets contain a perfect blend of micronised vitamins and minerals, which are necessary to receive

the optimal fetal development and maternal health.

AltoMimi tablets

- For optimal fetal development and maternal health.

Composition:

Day component: Beta carotene, Vitamins B1, B2, B3, B5, B6, C, E, Iron, Copper, Zinc.  
Night component: Folic acid. Vitamins B12, D, Calcium, Magnesium.

## AltoFer tablets

AltoFer tablets is an iron supplement to treat iron deficiency and to be used in case of disrupted metabolism of iron caused by different reasons.

To be more attractive for kids are AltoFer tablets produced in shape of car and with tasteful flavour.

Composition: Iron 7 mg, Folic acid 0,10 mg.



## AltoFer syrup

AltoFer syrup is an iron supplement to treat iron deficiency and anemia. Folic acid in syrup is increasing absorption of iron in intestinal tract. Moreover the folic acid plays important role in development of nervous system.

AltoFer syrup is recommended for:

- Prevention and treatment of iron deficiency conditions in different cases,
- Increased demand for iron (pregnancy, lactation, intensive growth, burns, hemodialysis);
- Disrupted metabolism of iron caused by chronic diarrhea, achlorhydria, gastrectomy, enteritis, malabsorption.

Dosage: In case of iron deficiency (anemia) in adults and children over the age of 12 use 3 times each day 10-15ml. Children from 6-12 years 10ml or 5ml 2 times each day. Children from 3 years 5-10ml 1 time each day. To prevent iron deficit during pregnancy it is recommended to use 10 ml of syrup 2 times each day. Do consult the dosage with your doctor before use.

Composition: Each 10ml of syrup is containing 15mg of iron (ferrous sulphate heptahydrate) and 500 mcq of folic acid.







## AltoCran capsules

AltoCran capsules are containing highly concentrated extract from canadian cranberries *Vaccinium macrocarpon* and Vitamin C.

Cranberries polyphenols and Vitamin C are acting as potent antioxidants. Moreover proanthocyanidins from cranberry extract have benefit against

bacterial infections in the urinary system. This effect may occur from inhibiting bacterial attachment to the bladder and urethra.

Composition: 1 capsule contains 250 mg of *Vaccinium macrocarpon* extract eq. of 8500mg of cranberries, Vitamin C 60 mg (100% EU RDA), troxerutin 10 mg, soy oil 390 mg, coconut oil 40 mg, soy lecithin 30 mg, palm oil 20 mg, gelatine, glycerol, colourants E171, E120, E172, purified water.



## AltoIntim cream

AltoIntim cream contains a balanced mixture of symbiotic lactobacilli and bifidobacteria.

AltoIntim cream is designed for intimate hygiene and for basic effective care of genitals. Alto Intim significantly reduces the risk of fungal infections in the vagina at the swimming pool, sauna, public baths or prolonged sitting.

AltoIntim cream

- Limits entry of undesired microorganisms into the vagina.
- Helps maintain natural microflora and a natural slightly acidic environment

Dosage: 1-2 times daily 0,5 - 1 ml to affected areas.

Composition: Petrolatum, Paraffinum liquidum, Lanolin, Ceresin, Cholesterol, Cera alba, Paraffin, Cera japonica, Lactobacillus, Bifidobacterium.

For more information please visit: [www.altover.eu/altointim](http://www.altover.eu/altointim)

## AltoSkin cream

AltoSkin cream is anti-crack skin cream with moisturizing effect.

AltoSkin cream contains quality herbal oils and other ingredients.

The effect is improved by magnesium content.

Dosage: Thoroughly spread and rub into the skin.

Composition: *helianthus annuus*, water, cetyl palmitate, *ricinus communis*, glycerol oleate, glycerol stearate, magnesium sulfate heptahydrate, geranium, methylparaben, propylparaben.





## AltoProst capsules

AltoProst capsules are containing Saw Palmetto fruits extract.

Extract from fruits has been the subject of intensive research for the symptomatic treatment of benign prostatic hyperplasia (BPH). Numerous meta-analyses of clinical trials found the extract safe and effective

for mild-to-moderate BPH compared to placebo, finasteride, and tamsulosin. Wide use of saw palmetto extract by American men should be the reason for great reduction of urinary problems in US. Saw palmetto extract has been promoted as useful for people with prostate cancer. However more research is required in this field.

Composition: 1 capsule contains 350 mg of Serenoa repens fruit extract, gelatine, glycerol, purified water.



## AltoProst elixir

AltoProst elixir uses the best effects of herbs extracts at genitourinary tract of men and contributes to maintaining good prostate function.

AltoProst elixir

- Supports proper functioning of the kidneys, urinary tract and prostate.
- Helps to the psychological well-being and active life of men.

Composition: Nettle, goldenrod, willowherb and uva ursi extract, cont. 24% of alcohol.

## AltoMen tablets

AltoMen tablets are containing L-Arginine, L-Lysine and Riboflavin to improve men potency in double layer tablets for better absorption.

L-arginine has a positive effect especially on the quality and length of erection. It influences positively on spermatogenesis (sperms formation and mobility), which helps to solve the problems with infertility.

Riboflavin releases energy, helps in growth and development, is essential for normal red bloodcells and hormones.

Lysine works with other essential amino acids to maintain growth, leans body mass and the body's store of nitrogen.

Composition: L-Arginine HCl 250mg, L-Lysine HCl 250mg, Vitamin B12 riboflavin 10mg.



## Altover Carnitine tablets

Carnitine is a substance that enhances energy production from lipids in the human body.

Altover Carnitine tablets

- Enhance and maintain development of muscle mass, help to increase power and endurance, improve muscle regeneration after sports.
- Help burn fats, contribute to weight loss.
- Have positive effect on the heart muscle.
- Beneficially influence brain cells.

Composition: 1 tablet contains 500mg of crystal L-carnitine L-tartrate (equal to 340mg of clear L-carnitine).





## AltoBron Bronchial balm

AltoBron Bronchial balm with the content of essential oils is intended as a support remedy for relief of breathing ailments caused by common cold and bronchi inflammations (bronchitis). Reflectively, increased secretion of thinner phlegm and its easier coughing out occurs.

AltoBron Bronchial balm

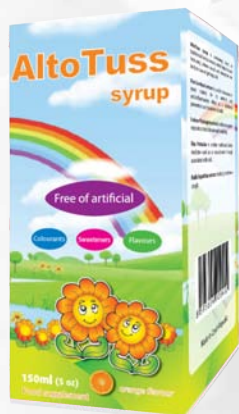
- Makes breathing easier and gives the feeling of

overall refreshment.

AltoBron Bronchial balm is suitable for both children and adults.

Composition: Eucalyptus, Pinus Sylvestris, Mentha Viridis, Mentha Piperita, Menthol, Thymus Vulgaris, Lavandula, Citrus, D-limonene, Linalool, Citral, Petrolatum, Paraffinum L.

For more details visit [www.altover.eu/altobron](http://www.altover.eu/altobron)



## AltoTuss syrup

AltoTuss syrup is natural herbal syrup for treatment of cough and cold.

The herbal extract contained in the product promotes dilution of phlegm in the airways and thus facilitates expectoration. Syrup relieves chronic and acute airways inflammations, inhibits cough and cold, shortens recovery time. Owing to the orange essence it has a pleasant flavour.

Composition: Flos Primulae, Folium Plantaginis, Flos Sambuci, Radix liquiritiae extract.

For more details visit [www.altover.eu/altotuss](http://www.altover.eu/altotuss)

## AltoCal Mg-Zn syrup

AltoCal Mg-Zn syrup is indicated for healthy growth and development of kids with raspberry flavour (juice).

Children nutrition should be suited to the growth and development of the future adolescent.

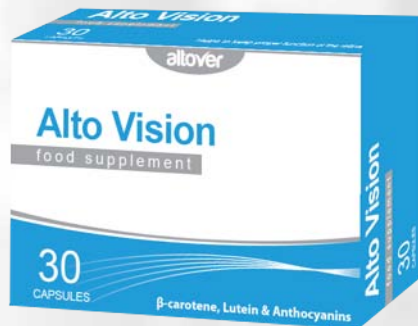
Calcium, Magnesium and Zinc are essential minerals for strong bones and teeth and also for the proper functioning of body cells. Everyone needs these minerals, especially growing children. Liquid Calcium-Magnesium-Zinc formula is pleasant and naturally tasting thanks to the raspberry juice. Its liquid presentation makes it easy and convenient to take. The raspberry juice is known for its antihistamine and antioxidant effect.

Composition: 5 ml/1 teaspoon contains Calcium 30 mg, Magnesium 10 mg, Zinc 0,5 mg, Raspberry juice 275mg.

For more details visit [www.altover.eu/altocal](http://www.altover.eu/altocal)







## AltoVision capsules

AltoVision capsules combine the effect of anthocyanins contained in blueberry extract with lutein.

Anthocyanins have a beneficial effect on the strength and durability of eye vessels, regeneration of eye pigments and faster adjustment of vision in dim light conditions.

Using blueberry extract is especially beneficial in a situation of hypersensitivity to light and for improvement of eye adjustment in the dark. Its beneficial effects can be appreciated specially by drivers driving at night, computer operators, television viewers and people whose activity is vision-demanding.

Lutein, a carotenoid naturally occurring in eye retina, is a strong antioxidant which protects the retina and especially its important part –macula (yellow spot) –from degenerative changes. The macula is the focus of sharp and colour vision. Its damage is the most frequent cause of loss of vision that cannot be corrected by glasses.

AltoVision capsules

- Help to maintain the sense of vision
- Help to keep proper function of the retina

Composition: 1 capsule contains 6,7 mg of beta-carotene, 3 mg of lutein and 1 mg of anthocyanins from blueberry extract.

## AltoVision Complete capsules

AltoVision Complete capsules with anthocyanins contained in blueberry extract, higher content of lutein enriched by vitamin A and zinc for maintenance of good vision and by vitamins, minerals and eyebright herb for eyes nutrition.



Anthocyanins have a beneficial effect on the strength and durability of eye vessels, regeneration of eye pigments and faster adjustment of vision in dim light conditions. Using blueberry extract is especially beneficial in a situation of hypersensitivity to light and for improvement of eye adjustment in the dark. Its beneficial effects can be appreciated specially by drivers driving at night, computer operators, television viewers and people whose activity is vision-demanding.

Lutein, a carotenoid naturally occurring in eye retina, is a strong antioxidant which protects the retina and especially its important part –macula (yellow spot) –from degenerative changes. The macula is the focus of sharp and color vision. Its damage is the most frequent cause of loss of vision that cannot be corrected by glasses.

Content of vitamin A and zinc support good sight in young people and maintain its quality in elderly. Vitamin C is important for the maintenance of good eye health. Vitamin E reduces the progression of AMD and cataract formation. The study shows that intake of zinc, taken with antioxidants beta-carotene, vitamin E and vitamin C, slows the progression of advanced age-related macular degeneration. Selenium has a protective role in the development of cataract. Tannins in eyebright are helpful to relieve certain inflammatory eye problems.

AltoVision Complete capsules

- Help to maintain the sense of vision, help to keep proper function of the retina.
- Support good sight in young people and maintain its quality in elderly.
- Are suitable for all those who strain their eyesight (work with computer, drivers) as well as for those who want to maintain good eyesight until high age.

Composition: in 1 capsule fish oil 170 mg, vitamin C 60 mg, eyebright extract 25 mg, vitamin E 12 mg, zinc 10 mg, lutein 10 mg, zeaxanthin 3 mg, anthocyanin from blueberries 1 mg, vitamin A 800 µg, Selenium 20µg.

For more details visit [www.altover.eu/altovision](http://www.altover.eu/altovision)



## Altover Omega-3 capsules

Omega-3 is a group of non-saturated fatty acids in fish oil. These acids cannot be produced by the body itself, and, thus, they have to be obtained from food sources.

Altover Omega-3 capsules

- Support the central nervous system, improve elasticity of blood vessel

walls and generally improve the functions of the vascular system.

- Help to regulate cholesterol level in blood.
- Have positive effects on blood clotting.

Composition: 1 capsule contains 1000 mg of fish oil – Omega 3.



## Altover Omega-3 Max capsules

Altover Omega-3 Max capsules contain a high concentration of omega-3 fatty acids EPA (min 30%) and DHA (min 20%).

Unsaturated fatty acids - especially DHA are essential for proper heart and

brain functioning and they help to maintain normal triglycerides level in the blood.

Altover Omega-3 Max capsules

- Promote good eyesight.
- Help to proper heart and brain functioning.

Composition: 1 capsule contains 1000 mg of fish oil of which 300mg EPA and 200mg DHA.

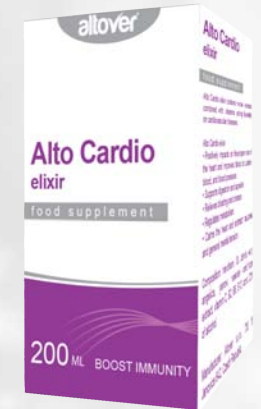
For more information please visit [www.altover.eu/altomega](http://www.altover.eu/altomega)

## AltoCardio elixir

AltoCardio elixir contains herbal extracts combined with vitamins acting favorably on cardiovascular diseases.

AltoCardio elixir

- Positively impacts on the proper work of the heart and improves blood circulation, blood, and blood pressure.
- Supports digestion and appetite
- Relieves bloating and cramps
- Regulates metabolism.
- Calms the heart and stomach neurosis and general mental tension.



Composition: hawthorn, St. John's wort, angelica, yarrow, valerian and hops extract, vitamin C, B2, B6, B12, cont. 20% of alcohol.

## Altover Ginkgo biloba capsules

Altover Ginkgo biloba capsules are containing ginkgo biloba extract, which is a potent natural antioxidant that contributes to the protection of cells from damage by radical oxygen species.

Altover Ginkgo biloba capsules

- Help to maintain memory, enhance brain activity and capacity of concentration
- Improve cognitive functions and activity levels.
- Improve peripheral circulation and, therefore, improve perfusion in peripheral parts of the body (hands, feet).

Composition: 1 capsule contains 40 mg of standardized extract of Ginkgo biloba (24% ginkgo flavonoglycosides and 6% terpenolactones).





## Altover Lecithin capsules

Lecithin is a substance which helps during the transport and conversion of fats in the human body and during the dissolving of fat and cholesterol sediments. It is necessary for keeping cholesterol in a soluble form, for preventing the creation of gallstones and for keeping healthy nervous system.

Altover Lecithin capsules

- Help to ensure the correct level of cholesterol and fat in the human body.
- Protect the liver against increased production of fats.
- Positively influence the memory and other brain functions.
- Are necessary for the activity of brain cells.

Composition: 1 capsule contains 1325 mg of lecithin.

Note: The product is available also in 1200mg strength.



## Altover Coenzyme Q10 capsules

Coenzyme Q10 (vitamin Q) is a substance naturally occurring in all cells of the human body, playing an important role in energy metabolism. The quantity of coenzyme Q10 in the organism drops with age, therefore it should be supplemented through diet

or dietary supplements. Optimum level of coenzyme Q10 is important to maintain good function of heart and blood vessels, during increased physical and mental stress and during recovery. Coenzyme Q10 is a fat-soluble substance, therefore to increase its effect, the product is produced in combination with sesame oil, a natural source of unsaturated fatty acids.

Composition: 1 capsule contains 315 mg of sesame oil, 60 mg of coenzyme Q10, 45 mg of coconut oil, palm oil.

## AltoVen tablets

Tablets with hesperidine, diosmin and aescin.

Diosmin – naturally occurring flavonoid glycoside. It maintains a good venous blood circulation, supports a normal venous function and strength of blood vessels.

Hesperidin – bioflavonoid from citrus. Citrus bioflavonoids maintain healthy venous circulation.

Horse chestnut (*Aesculus hippocastanum*)- extract from seeds of the Horse chestnut tree contains effective substance aescin and helps to keep healthy venous circulation in legs and inhibits feeling of heavy legs.

Composition: 1 tablet contains diosmin 450mg, hesperidine 50mg, aescin 40 mg from 200mg of horse chestnut extract.

For more details please visit [www.altover.eu/altoven](http://www.altover.eu/altoven)



## AltoVen gel

AltoVen gel contains chestnut and comfrey herbal extracts.

Chestnut extract has anti-inflammatory effect and strengthens blood vessel walls. Good effect of chestnut has been found in disorders of blood circulation and it is suitable for surface and deep phlebitis, varicose ulcers.

Comfrey has anti-inflammatory effect, prevents swelling of the affected area, relieves pain and has healing effects.

AltoVen gel:

- Helps in case of heavy legs feeling.
- Helps to decrease problems associated with the occurrence of varicose veins.

Composition: Comfrey and chestnut extract, glycerine.

For more details please visit [www.altover.eu/altoven](http://www.altover.eu/altoven)







## CapsiGel

CapsiGel is containing extract from Capsicum Annuum and Lavandula officinalis oil.

Topically applied capsicum (0,025-0.25%) has been found to be effective in reducing the symptoms of chronic soft tissue pain. This condition results in pain of the muscles, tendons or ligaments as opposed to pain originating in the bones. Capsaicin in topical use has been reported to be useful in alleviating post-herpetic neuralgia, post-mastectomy pain syndrome, arthritis and rheumatoid arthritis, painful diabetic neuropathy, psoriasis, pruritus, and other conditions.

Lavandula oil is natural antiseptic and anti-stress stimulant.

Composition: Capsicum Annuum extract, Lavandula Officinalis oil, Methyl Nicotinate.

More details you can find at [www.altover.eu/capsigel](http://www.altover.eu/capsigel)

## AltoJoints tablets

AltoJoints tablets are supplementing to the body all necessary substances for building cartilage and regenerate joints mobility.

Glucosamine sulfate forms the structure of articular cartilage.

MSM is in the body involved in the production of collagen fibers and relieving of joint problems.

Chondroitin sulfate is a natural component of bone extra cellular matrix cartilage. It is contributing to its mechanical strength and elasticity. Hydrolyzed collagen is a very important protein forming the structure of cartilage.

Herbal complex of Boswellia, Chestnut and Willow - reduces inflammatory processes, improves joint mobility, reducing stiffness and swellings.

AltoJoints tablets

- Help to regenerate damaged cartilage and improve joints mobility.
- Reduce inflammatory processes and reducing stiffness and swellings.
- Contribute to cartilage mechanical strength and elasticity.

Composition: 1 tablet contains Glucosamine sulphate 400 mg, MSM 100 mg, Chondroitin sulphate 50 mg, Hydrolyzed collagen 40 mg, Horse chestnut 30 mg, Boswellia serrata 30 mg, White willow 10 mg.



## AltoJoints gel

AltoJoints gel serves as a massage gel that cares for skin, joints and muscles, mainly after demanding physical strain, sports activities or in the case of contusions.

AltoJoints gel

- Helps increase mobility of joints
- Decrease the effects of insect bites (swelling).

Composition: White willow extract, glycerine.





## AltoDigest Enzyme tablets

AltoDigest Enzyme tablets contains a mixture of simethicone and fungal origin of digestive enzymes (amylase, cellulase and alpha-galactosidase).

These enzymes are resistant to the acidic environment of the stomach and

retain their activity in the gut. Simeticon contained in the product reduces surface tension activity. It is not absorbed from the digestive system, it only enhances disintegration of foam contributing to the feeling of abdominal discomfort

AltoDigest Enzyme tablets

- Enable release and passage of gasses by natural ways or absorption.

Composition: 1 tablet contains 65 mg of simeticon and 174 mg of digestive enzyme mixture composed of amylase, cellulase and alpha-galactosidase.



## AltoDetox S140 capsules

AltoDetox S140 capsules are containing extract from Milk Thistle with 140mg of Sylimarin.

In herbalism, it is used in cases of liver diseases (cirrhosis, jaundice and hepatitis), gallbladder disease, and is claimed to protect the liver against poisons.

Sylimarin is a hepatoprotective antioxidant, thus stabilizing and protecting the membrane lipids of the hepatocytes (liver cells). Recent study did show activity against liver cancer cells in vitro. Research suggests that milk thistle extracts both prevent and repair damage to the liver from toluene, xylene and chemotherapy.

Composition: 1 capsule contains 140 mg of Sylimarin, soy lecithin 55 mg, soy oil, gelatine, glycerol, sorbitol, colourant E171, E172, purified water.

## AltoLiver capsules

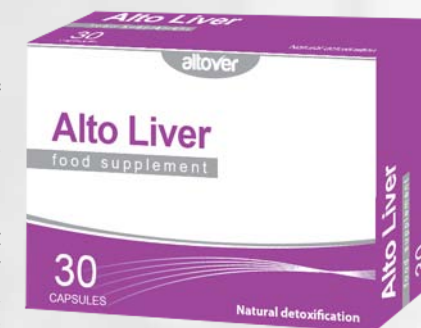
AltoLiver capsules consists of a mixture of standardized plant extracts that act favourably on liver function as well as stimulate digestion.

Extracts contained in this mixture support natural detoxification processes in the body and their antioxidant properties have a positive effect on the body in its defense against the effects of free radicals.

AltoLiver capsules

- Support the natural detoxification process in the body.
- Act favourably on the body when protecting itself against free radicals.

Composition: 1 capsule contains 57 mg of curcuma extract (*Curcuma longa*), 44.5 mg of milk thistle extract (*Silybum marianum*), 30 mg of baikal skullcap extract (*Scutellaria baicalensis*), 30 mg of indian frankincense extract (*Boswellia serrata*), 0.40 mg of black pepper extract (*Piper niger*).



## AltoMeta capsules

AltoMeta capsules contain artichoke extract increases bile production and, thus, improves digestion and contributes to lipid metabolism.

It has a beneficial effect on blood cholesterol levels and limits its deposition in the vessels.

AltoMeta capsules

- Have protective influence on liver function
- Improve general digestion and metabolism.

Composition: 1 capsule contains 100 mg of artichoke extract.





## AltoLakt tablets

AltoLakt tablets are containing a combination of Lactobacillus acidophilus, Lactobacillus delbrueckii subsp. bulgaricus, Bifidobacterium bifidum.

These bacteria are part of the natural intestines microflora. If these bacteria are destroyed, it has a negative effect on the entire organism. This happens especially in cases of medical treatment (antibiotics, chemotherapeutic agents, steroids, hormonal preparations), followed by stress, fatigue, smoking, alcoholic beverages in "non-therapeutic dose of" eating foods and

beverages containing dyes, preservatives and stabilizing means and mold.

Composition: Lactobacillus acidophilus, Lactobacillus delbrueckii subsp. bulgaricus, Bifidobacterium bifidum.



## Takadiastase tablets

Pharmacotherapeutic group: Digestive, enzyme product. ATC code: A09AA01.

Therapeutic indications: Therapy of dyspeptic syndrome either solitary (functional dyspepsia) or as a manifestation of other diseases (liver disease, gall bladder disease, pancreatic disease) especially in case of problems with digestion of starch-rich foods, legumes, fruits and vegetables. To limit flatulence when patients are preparing for radiological diagnostic procedures, before surgical procedures and in postoperative period.

Composition and pharmaceutical form: one coated tablet contains 200 i.u. (36.60 mg) of takadiastase (takadiastasum).

Posology and method of administration: Adult patients use 1-3 coated tablets 3 times a day, children older than 3 years of age 1 coated tablet 3 times a day. Coated tablets are to be swallowed whole (unchewed, uncrushed) with plenty of water, such as a glass of water. They are used after meals.

## Fenipentol capsules

Pharmacotherapeutic group: Choleric. ATC code: A05AX

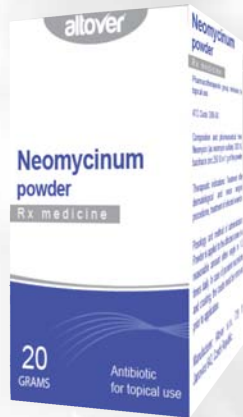
Therapeutic indications: Fenipentol capsules are indicated in adult patients to treat dyspeptic symptoms in chronic disorders of hepatobiliary tract (functional cholecystopathy, chronic cholecystitis, chronic cholelithiasis, chronic liver disease with biliary dyspepsia) and conditions after cholecystectomy or after hepatitis.

Composition and pharmaceutical form: One capsule contains 100 mg of fenipentol (fenipentolum).

Posology and method of administration: Standard dosage is 2 capsules of Fenipentol three times a day (always immediately before meals), some patients with less severe symptoms may use Fenipentol only occasionally as needed (2 capsules immediately before meal). Capsules are to be swallowed unchewed and unmacerated (the contents have a hot, bitter taste!) and are to be swallowed with sufficient amount of water (e.g. one glass of water). Instruction on dose adjustment in case of kidney or liver dysfunction are not available (in acute hepatitis and other severe liver dysfunction, Fenipentol capsules are contraindicated).







## Neomycin powder

Pharmacotherapeutic group: Antibiotic for topical use.  
ATC Code: D06 AX

Therapeutic indications: Treatment after dermatological and minor surgical procedures, treatment of infected wounds.

Composition and pharmaceutical form: Neomycin (as neomycin sulfate) 3300 IU, bacitracin zinc 250IU in 1 g of the powder.

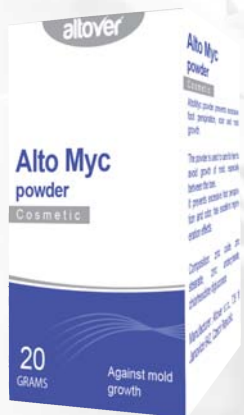
Posology and method of administration: Powder is applied to the affected areas in a reasonable amount either single or 1-2 times daily. In case of purulent secretions and crusting, the crusts must be removed prior to application. If there is no answer within 7 days of therapy, the treatment should be discontinued. The product is suitable for adults, adolescents and children over 1 year.

## AltoSept powder

AltoSept antiseptic powder is used to heal small injuries and sores on the skin.

Active substances have antimicrobial, antiseptic and disinfecting effects, due to which AltoSept powder eliminates originators of infection from the wound. It can also be used as a protection against mycotic skin diseases.

Composition: Lactose monohydrate, carbethopendecinium bromide, chlorhexidine dihydrochloride.



## AltoMyc powder

AltoMyc powder prevents excessive foot perspiration, odor and old growth.

The powder is used to care for feet to avoid growth of mold, especially between the toes. It prevents excessive foot perspiration and odor, has excellent regeneration effects.

Composition: zinc oxide, zinc stearate, zinc undecylenate, chlorhexidine digluconate.



If you haven't found a product you are looking for, feel free to contact us. Our portfolio counts more than 200 different formulas, so we can find your product among them or develop a new formula for you.


A key target of our company is to make you successful, because only successful partner can move us forward. Therefore, we are open to new ideas and ready to listen to the needs of your customers.

We are open to produce all our products in your own branded line and design.

The quality management system in Altover is carried out in agreement with all legislative requirements valid in EU and production facilities are certified by State Institute for Drug Control - SUKL according to Pharmaceutical Inspection Convention (PIC/S audit standards).

We are looking forward to meeting your requirements.

Yours **altover** team



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